

# 2015 NEWMAC TRACK AND FIELD CHAMPIONSHIPS GENERAL INFORMATION

# April 25, 2015 @ MIT

MIT is pleased to host the NEWMAC Men's and Women's Outdoor Track and Field Championships on April 25, 2015

# IN THE CASE OF SEVERE WEATHER, PLEASE CALL 617-253-9892

Time Schedule

**Information**: This information as well as all directions, maps, restaurants, entries, and past championship results and award winners, will be on the web at: <u>http://scripts.mit.edu/~hwtaylor/otf/2015/newmac/newmac.php</u>

**Meet Director**: Please direct all championship meet questions to: Nick Davis- MIT DAPER, 120 Vassar Street, Cambridge, MA 02139 Phone: (617) 253-0816 Cell: (414) 315-8444 Fax: (617) 258-7343 Email: davisn@mit.edu.

**Games Committee**: The games committee will be made up of one head coach per team, for a total of 9 representatives. Teams with both a men's head coach and a women's head coach will designate one representative. When an issue concerns a member of the games committee's institution, that coach will remove themselves from the meeting.

**Entries:** If no outdoor time/height/distance is verifiable then the following should be entered: no estimations. Entries are limited to 4 individuals per an individual event and one relay team per school. Entries must be submitted through Direct Athletics by Wednesday, April 22 at 6:00 PM.

Performance lists per event will be posted by Thursday 7:00 p.m., April 23. at <u>http://scripts.mit.edu/~hwtaylor/otf/2015/newmac/perf.html</u>. The Honest Effort Rule will be in effect, thus any athlete scratching from an event after the final declaration, will be scratched from the remainder of the meet.

Scoring: Scoring will be 10-8-6-5-4-3-2-1 for all events.

**Facilities**: A 8 lane Mondo Super X Directional track with 8 sprint and hurdle lanes. A maximum length of 1/4" pyramid spikes are permitted on all Mondo areas--no pins allowed. We will be using FinishLynx as well as FieldLynx to expidite the results, which will be shown on the scoreboard and be posted on a board on the east side of our stands.

We are able to run the 100, 100/110HH and 200 with the wind and will plan on doing so.

**Jumping Boards:** The long jump board is 3' 0" from the pit and the triple jump boards are 26' and 32' 6" for the women and 32' 9" and 42' for the men.

Throwing Circles: The throwing circles are all concrete.

**Javelin Approach:** For the men's and women's open javelin throw, the event will be held on the Beynon rubberized runway.

**Warmups:** Warmups will not be permitted on the track once the meet has begun. The infield, and the indoor track will be available for additional warmup area.

**Weigh-In:** Implements will be weighed-in and measured from 9:30-10:30 on Saturday in the shed at the west end of the track. If raining the weigh-in area will be inside the Johnson Athletic Center, adjacent to the outdoor track.

**Parking:** Buses must use the Waverly Street Surface Lots (see map) located at 65 Waverly Street. Buses can drop off / pick up at 120 Vassar Street and then proceed to the parking lot. For vans and personal cars of officials, coaches and competing athletes, park in the Kresge Parking Lot. Take your ticket to the main service desk in the Zesiger Athletic Center to have your ticket validated. Spectators will park in either the West Garage or the Albany Street Garage - the fee is \$6.00 for the day.

**Showers:** You will need to let us know in advance if you wish to use our locker rooms or shower facilities. If you will be using MIT's shower facilities please bring your own towel and soap as well as a lock if you wish to secure your valuables.

**Restaurants:** For dining, please go to http://web.mit.edu/visit/eat.html. During the meet, food can be purchased at the student center, which is adjacent to the athletic complex.

Athletic Trainers: Athletic Trainers will be at the site from 10:00-the conclusion of the day on Saturday. Please notify Tom Cronan by phone: 617-253-4908, or email: cronan@mit.edu in advance if you have questions or special treatment needs. Please bring your own tape and other supplies as needed. Water and ice will be available.

**Timing/Results:** During the meet, results will be posted on the Northeast side of the track, beside the bleachers. Results will also appear on the scoreboard immediately after each event. We will be providing a full set of results as soon as possible after the meet with Finish Lynx and HyTek. Official results will be posted on the web at: http://scripts.mit.edu/~hwtaylor/otf/2015/newmac.res.php.

**Awards Ceremony:** The awards ceremony will be held as soon after the meet as possible. Student-athletes should wear their team warm-ups while being recognized during the awards ceremony.

• The Track and Field Athletes of the Year and the Rookies of the Year per gender.

- Recognize all the 2nd place finishers of both genders in each event followed by all 1st place finishers for both genders in each event. Second place finishers should return to their seats before the 1st place finishers are recognized.
- The Championship Team.

# Admission: All NEWMAC Institutions shall charge admission of:

- \$4.00 for adults
- \$2.00 for seniors
- \$1.00 for students
- Children under 12 free

## LOCAL HOSPITAL INFORMATION

Massachusetts General Hospital 55 Fruit Street Boston, MA 02114 617-726-2000 Mt. Auburn Hospital 330 Mount Auburn Street Cambridge, MA 617-492-3500

### Important Contact Information:

Campus Police:	(617) 253-1212
Activate EMS:	911

### **MIT CONTACT INFORMATION**

# MEET DIRECTOR:Nick Davis<br/>Assistant Track & Field Coach<br/>(W) 617-253-0816<br/>(C) 414-315-8444<br/>davisn@mit.eduHEAD TRACK AND FIELD<br/>COACH:Halston Taylor<br/>(C) 617-921-4253<br/>hwtaylor@mit.edu

DIRECTOR OF ATHLETICS:

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### HEAD ATHLETIC TRAINER:

Tom Cronan (W) 617-253-4908 cronan@mit.edu

SPORTS INFORMATION DIRECTOR:

Phil Hess (W) 617-258-5265 pghess@mit.edu