## 2018 New England Division III Outdoor Track & Field Championship

## May 3-5 @MIT

| Thursday                             |                               | 11:10                                  | Heptathlon Javelin    |
|--------------------------------------|-------------------------------|--|-----------------------|
| 1:00                                 | Decathlon 100m                | 11:30                                  | M & W Triple Jump     |
| (event s                             | start times are estimates for | 1:30                                   | W Javelin             |
| remaining decathlon events)          |                               | Running Events (Women followed by Men) |                       |
| 1:40                                 | Decathlon Long Jump           | 10:30                                  | 3,000m Steeplechase W |
| 2:40                                 | Decathlon Shot Put            | 11:00                                  | 3,000m Steeplechase M |
| 3:40                                 | Decathlon High Jump           | 11:20                                  | 4x100m Relay          |
| 5:00                                 | Decathlon 400m                | 11:40                                  | 1500m                 |
|                                      |                               | 12:05                                  | HH Finals – Men First |
| Friday                               |                               | 12:30                                  | 400                   |
| 12:00                                | Decathlon 110mHH              | 12:50                                  | Heptathlon 800        |
| 12:20                                | Heptathlon 100mHH             | 1:00                                   | 100m Finals           |
| (event start times are estimates for |                               | 1:10                                   | 800m                  |
| remaining heptathlon events)         |                               | 1:40                                   | 400IH                 |
| 12:40                                | Decathlon Discus Throw        | 2:10                                   | 200m                  |
| 1:00                                 | Heptathlon High Jump          | 2:40                                   | 5,000m                |
| 1:45                                 | Decathlon Pole Vault          | 3:15                                   | 4x800m Relay          |
| 3:00                                 | Heptathlon Shot Put           | 4:00                                   | 4x400m Relay          |
| 3:00                                 | M Javelin                     |  |                       |
| 4:00                                 | W Discus (Infield)            |  | Team Awards           |
| 4:00                                 | M Discus (Hammer cage)        |  |                       |
| 4:15                                 | Heptathlon 200m               |  |                       |
| 4:30                                 | M & W Long Jump               |  |                       |
|                                      | Decathlon Javelin (Grass      |  |                       |
|                                      | approach unless Men's Javelin |  |                       |
|                                      | complete)                     |  |                       |
| 4:30                                 | 100m HH Trials                |  |                       |
| 4:50                                 | 110m HH Trials                |  |                       |
| 5:10                                 | 100 m Trials women            |  |                       |
| 5:30                                 | 100 m Trials men              |  |                       |
| 6:00                                 | Decathlon 1500m               |  |                       |
| 6:30                                 | W 10,000m                     |  |                       |
| 7:15                                 | m 10,000m                     |  |                       |
|                                      |                               |  |                       |
| Saturday                             |                               |  |                       |
| 10:00 Heptathlon Long lump           |                               |  |                       |

10:00 Heptathlon Long Jump
W High Jump (Men's to follow)
M Hammer (Women's to
follow)
W Shot Put (Men's to follow)
W Pole Vault (Men's to follow)